



## Overview: Challenge-Based Learning in Higher Education

In an era marked by rapid technological advancements, global connections and complex societal challenges, the landscape of higher education is constantly evolving. Traditional methods of teaching and learning focusing on knowledge transfer are being re-examined, and educators are seeking innovative teaching approaches to enable students to face today's and future demands with the necessary attitudes, skills and knowledge. Challenge-based learning (CBL) emerges as a pedagogical framework that confronts students with complex real-world problems. By engaging, investigating and acting around challenges, by phrasing questions, collecting information and constantly reflecting on the process, students relate to the challenge, practice critical thinking and collaborative problem-solving. This paper aims to provide an overview of challenge-based learning and its implementation in higher education institutions.

### **Understanding Challenge-Based Learning**

Challenge-Based Learning starts with the identification of a complex and open-ended social challenge and aims to develop an open-ended contribution towards a (possible) solution. The process is more important than the result, the challenge too complex to be completely solved. Usually, students and staff from different disciplines work together, often including a collaboration with a societal partner with a shared interest and relation towards the challenge.

**ENGAGE**: Students engage with the challenge by understanding it from various

perspectives and asking relevant questions the specify certain aspects.

**INVESTIGATE**: Teachers guide students through a scientific research process, providing

access to resources and data and supporting with research expertise.

**ACT:** Students develop solution approaches, test, apply and evaluate them.

During the whole process, research and data as shared and all involved actors reflect on the process.

CBL therefore changes the role of teachers from a traditional transfer of knowledge to co-researcher and process guide. Beside collaborative work and research methods CBL also requires the acquisition of <u>reflection skills</u>, which are also a crucial part of education for sustainable development (UNESCO 2017) as well as promotion of active learning methods, e.g. Design Thinking.

### **Background**

Challenge-Based-Learning as a term was first introduced by Apple in 2008, as a concept for high schools that actively involves technology and that resulted from a ten-year research project with schools, universities and other research institutions. Apple introduces CBL as follows (Nichols, Cator, Torres 2016).

Since then, Challenge-Based Learning has also entered higher education contexts and discourse, first in engineering (Ruijten-Dodoiu 2022; Leijon, Gudmundsson et al. 2022), recently also in other disciplines. The increasing implementation of Challenge-Based Learning in higher education is also promoted by the European Universities Initiative of the European Commission (Craciun, Kaiser et al. 2023). Today and in higher education, Challenge-Based Learning still refers to a multidisciplinary approach that encourages students "to work actively with peers, teachers and stakeholders in society to identify complex challenges, formulate relevant questions and take action for sustainable development" (Rådberg, Lundqvist et al. 2020). It marks a student-centered active learning approach that focuses on examination and innovation in a real-world setting (Duch, Groh, Allen 2001).

The following examples give a broad overview of CBL across disciplines within the InclusU network:







transformation in the local context of the federal state of Brandenburg. With a challenge-based learning approach as well as applied political and social science, seminar participants identify the challenges of sustainable transformation in Brandenburg. They explore specific topic areas and relevant multi-level governance invoved here and they survey the perspectives of stakeholders in the region on problems as well as solutions. Excursions and interviews with local change makers are part of the teaching format. The results are provided to the follow-up seminar for research continuation and, after the end of the seminar series, also to the



The seminar series is and Learning and is part of the 'Forum ind Dr habil. Elsa



A Knowledge Alliance aiming to increase the Transmission to Higher Education and Work



Muvah is a Knowledge Alliance between the City of Malmö and Malmö University.

Initiated in 2014, this long-term collaboration addresses the societal challenge that too few Malmö citizens have a stable employment. Muvah aims to understand, map and follow up young people's journey through education as well as factors influencing students' choices in the transitions between different types of education and work. The goal is to explore the impact of different interventions and to widen recruitment and participation. With a focus on research and by producing at least one report a year, the project aims to promote strategic decisions as well as priorities and results in a joint professional learning and operational development based on research



Université de Lille University Residence Project

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# Mediation & Dispute Resolution

MA level Students

#### Learning through Experience

This Challenge-Based Learning format deals with the Fundamentals of Mediation, for example in Family Disputes, and with Alternative Dispute Resolution.

In collaboration with the International Academy of Dispute Resolution and the Lithuanian Chamber of Mediators, students learn through experience in an effective learning process, which involves real-life cases. During the process, the students worl in teams and practice cooperation in learning as well as reflection of their experience.

The partners suggest topics for research, they mentor the students, provide role plays as well as workshops and feedback to he students. They are also actively involved in the students' final exams.



Scientific

Article

Describe the

context, the

challenges, the

5-days

This Challenge-Based Learning Course is is a joint initiative of the University of Lille with the CROUS of Lille and the company Clésence. Its aim is to solve complex problems.

Within this course, students developed a

type of intergenerational residence to be built with New Technologies and as a contribution to Sustainable Development. Research, Workshops as well as internships secure a combination of various perspectives and expertise from inside and outside of university as well as access to

Physical

Prototype

Visual

Elements of

ealization an functioning

technologies and hands-on collaborative and practical approaches to learning.

Video

functionality of the deliverable

ocusing on the

Group Debate Plenary esentation &

open

discussion

Sept - Dec



INAMR

Lithuanian Chamber of Mediators

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Clésence <sup>®</sup>





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Business Plan

Marketing

orientation

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